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Electric Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Pressure Cooker Recipes for Electric Pressure Cookers (Paperback)

By Vanessa Olsen

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Language: English . Brand New Book ***** Print on Demand *****.

Are you always too busy to cook healthy meals? Do you frequently have to resort to take-out or overdone recipes just because they're easy and fast? If so, pressure cooking is going to solve all your problems and this book is the perfect place to begin! Introducing the Electric Pressure Cooker Cookbook: 100 Quick, Easy, and Healthy Recipes for Electric Pressure Cookers. The pressure cooker has been around for centuries, but it wasn't until just recently that the electric pressure cooker revolutionized the way we cook. Pressure cooking will help you transform cheap, chewy cuts of meat into unbelievably tender masterpieces, and prepare grains, veggies, and fruit faster than ever before. Healthy pressure cooker recipes make getting all your nutrients fast, easy, and delicious, meaning that you'll never have to order in pizza after a long day at work ever again! This pressure cooker cookbook includes all of the important introductory information needed to feel comfortable and confident with an electric pressure cooker, even if it's your first time using one. In just the first...



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Reviews

This book is definitely worth getting. It usually will not price too much. Its been printed in an extremely simple way in fact it is only right after i finished reading this publication where basically altered me, modify the way i think.

-- **Avery Daugherty**

It becomes an amazing book which i actually have at any time study. It is actually loaded with wisdom and knowledge You wont sense monotony at at any time of your respective time (that's what catalogues are for regarding should you request me).

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