



Estrogen Revisited: Lifelong Fearless (Paperback)

By Donna Walters, Blane Crandall MD

AUTHORHOUSE, United States, 2008. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.Menopause: Menopause must be endured -- an accepted notion, right? WRONG! Millions of women have chosen a menopause-free lifestyle, and Donna Walters, 62, is among that number. Unbelievably true, she has NEVER experienced menopause and lives a healthy, youthful and energetic life. Her womanhood is intact, and she remains active in the game of life. To benefit women worldwide and to create estrogen awareness, Ms. Walters dares to publicize two newsworthy realities never discussed or acknowledged: successful long-term estrogen use and never having menopause! Fact: The 2002 Woman s Health Initiative study, riddled with one-sided, fear-based results, caused a massive rejection of HRT. Yet, millions of women disregarded those results and now enjoy a menopause-free life due to estrogen use. Among that number, Ms. Walters, a successful 31-year estrogen user, debunks the estrogen controversy and virtually eliminates confusion and fear amid silent sufferers! Confirmation: Co-author Dr. Blane Crandall, an OB/GYN surgeon, provides valuable information encompassing estrogen and its health benefits. His compelling views are shared to stop the ongoing disability; the taking of physical, mental, social, and emotional...



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