



The New 8-Week Cholesterol Cure: How to Lower Your Cholesterol by Up to 4 (Paperback)

By Robert E Kowalski

HarperCollins Publishers Inc, United States, 2004. Paperback. Book Condition: New. 2nd. 168 x 104 mm. Language: English . Brand New Book. Newly updated and revised to include the latest developments in heart disease research, an essential guide provides a clinically proven, natural method for reducing cholesterol and controlling weight that combines oat bran, vitamins, a healthy diet, and exercise, and features new cholesterol testing.



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