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## Psychology of Preppers Mental Health Issues

By Gunner Morgan

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0.1in. Psychology of Preppers: Mental Health Issues by Gunner Morgan reviews how extreme prepping can possibly be related to an undiagnosed mental health disorder. Morgan stresses that extreme preppers are often prepared for every eventuality except the mental health crisis that may result from a natural or man-made disaster. The time to address your mental health is now, before a crisis develops. This item ships from La Vergne, TN. Paperback.

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