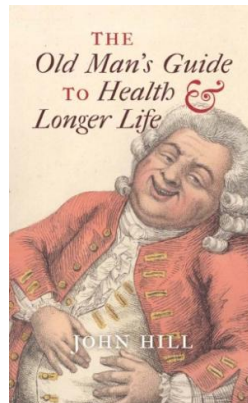


## The Old Man's Guide to Health and Longer Life



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### Book Review

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(Prof. Valentin Hane MD)

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