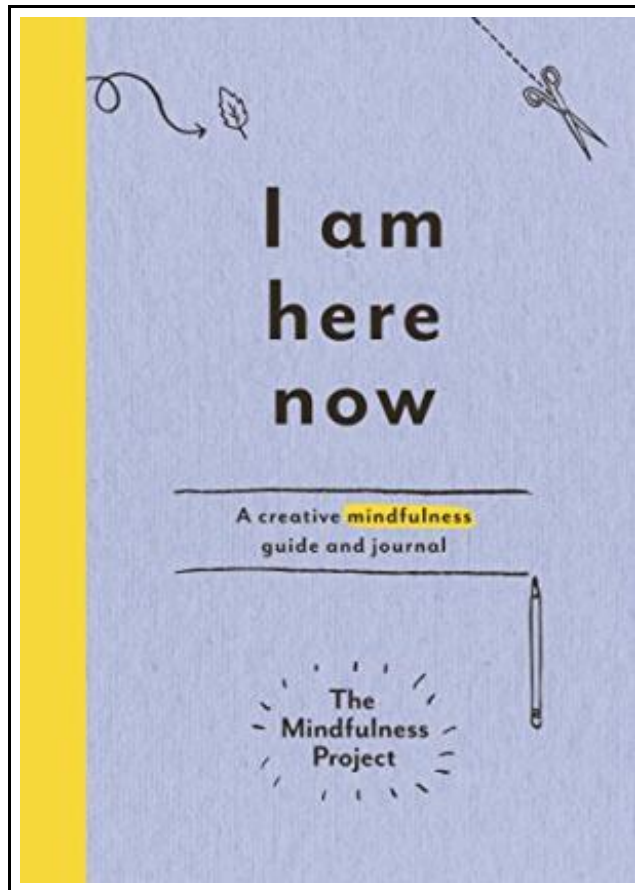


# I am Here Now: A Creative Mindfulness Guide and Journal



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***(Wellington Connelly)***

## I AM HERE NOW: A CREATIVE MINDFULNESS GUIDE AND JOURNAL



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